

[Mental Health/Alcohol, Tobacco, and Other Drug Prevention and Intervention Resources](#)

The following information is provided as a courtesy for parents, faculty and staff members to easily access some general resources available for assistance outside of school. The resources provided are not affiliated with Kent City Schools and are listed for use at your own discretion.

Mental Health and Recovery Board of Portage County: www.mental-health-recovery.org or (330) 673-1756

- Offers comprehensive information, resources, referrals, community guides, and fact sheets
- Visit: www.mental-health-recovery.org/community-guides-fact-sheets

HELPLINES: Addiction Helpline- (330) 678-3006 for 24 hour help/crisis call- (330) 296-3555 or (330) 678-4357

Ohio Crisis Text Line: Immediate help for those experiencing a stressful situation. This is a 24/7 Crisis Text Line. Text **4Hope** to **741741** to be connected to a Crisis Counselor. Trained Crisis Counselors are on standby to provide a personal response and information on a range of issues, including suicidal thoughts, bullying, and depression, self-harm and more.

Prevention Action Alliance: <http://preventionactionalliance.org>- A certified prevention agency promoting healthy lives through the prevention of substance misuse and fostering mental health wellness. Offers parent newsletters, information, toolkits on substance misuse, prevention, and the latest program and events via email.

- Sign-up today for the **START TALKING** Toolkit at: www.starttalking.ohio.gov
- **Parents360 RX Medicine Abuse Action Kit** www.starttalking.ohio.gov
- Sign-up today for the **KNOW** Parent Newsletter at: www.preventionactionalliance.gov
- **“Parents Who Host, Lose The Most: Don’t Be a Party to Teenage Drinking”** Campaign

Alateen Support Group- Hudson Saturday Serenity Alateen Meets at 11:00 a.m. Saturday First Congregational Church, 47 Aurora Street, Hudson, OH Contact: (440) 637-4704 Al-Anon meeting same time for sober parent.

Red Flags National- redflags.org A framework and Toolkit for Mental Health Education. Offers resources for helping your child with their mental health.

SAMHSA: <https://www.samhsa.gov> **SAMHSA** (Substance Abuse and Mental Health Services Administration) Mental health and substance abuse related information, resources, data and publications. Twitter **@samhsagov**

National Institute on Drug Abuse- www.drugabuse.gov

*(***The websites below are aimed at teens. Parents/Guardians review and refer at your discretion)*

NIDA for Teens: www.teens.drugabuse.gov Teens, Parents and Teachers get the latest facts on how drugs affect the brain and body. Featuring videos, games, blog post and more!

Thetruth.com - The Truth focuses on spreading awareness and inspiring action in the fight to end smoking.

Tobaccofreekids.org— An advocacy organization working to reduce tobacco use and its deadly consequences.

School Resources

Individual School Counseling Offices

Theodore Roosevelt School Counseling Office:	(330) 676-8720	Ext. (8720)
Stanton Middle School Counseling Office:	(330) 676-8621	Ext. (8621)
Davey Elementary School Counseling Office	(330) 676-7420	Ext. (7420)
Holden Elementary School Counseling Office	(330) 676-8420	Ext. (8420)
Loncoy Elementary School Counseling Office	(330) 676-8350	Ext. (8356)
Walls Elementary School Counseling Office	(330) 676-8300	Ext. (8320)

Kent City Schools School Student Assistance Program

Jacque Peoples Dukes, M.Ed., LSW, Student Assistance Program Coordinator **(330) 676-8704**

Nursing Services

Rita Baker, R.N., District Nurse **(330) 730-1996**

School Resource Officer

Officer Matt Butcher, (SRO) **(330) 676-8769**

Community Resource

Jeff Langstaff, CIT Officer, LICDC **(330) 676-7519**