



Swimming Lessons



Welcome to swimming lessons at the Kent City Schools' pool. Please refer below to the descriptions of the skills needed to enter each swimming class prior to registration. Registration will begin one week before the classes begin. The classes are kept as small as economically possible to ensure that each student receives adequate instruction time. Please do not ask us to overfill a class. Registration is taken on a first-come first-serve basis. Classes tend to fill quickly, so please register early. Proof of residency may be required in order to be charged the resident rate.

FLOATER CLASSES (ages 5 and under)

Level:	Skills the child must know before entering the class:
Parent and Toddler	This is a water adjustment course for children with the parent in the water. For children 6 months to 3 ½ years old.
Non-Floater	This is a water adjustment course and there is NO experience necessary.
Beginning Floater	The child must be able to float on his/her front and back and jump into chest deep water.
Advanced Floater	The child must be able to swim on his/her front and back (15ft.) and jump into deep water and return to the side without help.

RED CROSS LEVEL CLASSES (ages 6 and up)

Level:	Skills the child must know before entering the class:
1	This is a water adjustment course and there is NO experience necessary.
2	The child must be able to float on his/her front and back for 5 seconds and jump into shallow water.
3	The child must be able to jump into deep water, flutter kick on his/her front and back, and do front crawl across deep water (15ft.).
4	The child must be able to do front crawl with breathing for 15 yards, back crawl for 15 yards, and elementary backstroke kick.
5	The child must be able to do elementary backstroke, front crawl, back crawl, breaststroke kick, sidestroke kick, and tread water for 2 minutes.
6	The child must be able to do breaststroke, sidestroke, elementary backstroke, butterfly kick, back crawl for 50 yards, front crawl for 50 yards, and dive off the diving board.

